

An Isocratic Separation of B Vitamins Using Waters XBridge Biphenyl RP Column with MaxPeak Premier Technology

Gabrielle Zabala, Bonnie Alden, Thomas H. Walter, Weiqiang Gu, Daniel P. Walsh, Jim Cook

Waters Corporation, United States

Published on July 15, 2026

For research use only. Not for use in diagnostic procedures.

Main

For research use only. Not for use in diagnostic procedures.

Abstract

B vitamins are essential, water-soluble nutrients involved in key metabolic and neurological functions. Accurate and reliable analytical methods are required for their determination in complex matrices. Reversed-phase liquid chromatography (RPLC) is commonly used in these analyses. However, traditional hydrophobic stationary phases such as C₁₈ are susceptible to pore dewetting when used with highly aqueous mobile phase conditions, potentially leading to reduced retention, poor reproducibility, and compromised performance for polar analytes. In this study, a Waters XBridge™ Biphenyl RP Column with MaxPeak™ Premier Technology was evaluated as an alternative stationary phase, demonstrating useful selectivity for B vitamins and compatibility with a 100% aqueous mobile phase. Furthermore, the use of MaxPeak Premier Technology

increased the peak height for the phosphorylated vitamin pyridoxal 5'-phosphate by 36%, providing improved sensitivity and reproducibility compared to a stainless-steel column.

Benefits

- Improved separation of B vitamins
- No pore dewetting observed after flow stoppage using a 100% aqueous mobile phase
- Increased peak height and area for the phosphorylated vitamin pyridoxal 5'-phosphate using MaxPeak Premier Technology

Introduction

B vitamins are a group of essential, water-soluble vitamins that play critical roles in cellular metabolism, energy production, and neurological function. These nutrients are not stored extensively in the body and are sensitive to environmental factors such as light, temperature, and pH.¹ Accurate quantification of B vitamins in pharmaceutical, food, and biological samples is essential for ensuring product quality and supporting nutritional and clinical research. Analytical methods must therefore be both robust and sensitive to reliably measure these compounds, which often exist in complex matrices and at low concentrations.²

RPLC is one of the most utilized techniques for B vitamin analysis due to its versatility. However, traditional alkyl-bonded stationary phases, such as C₁₈ silica, can be susceptible to pore dewetting (also incorrectly known as phase-collapse) under highly aqueous mobile phase conditions.³ Pore dewetting occurs when the aqueous mobile phase is expelled from the pores of the hydrophobic stationary phase when the pressure drops below a critical point.³ This leads to a reversible loss of retention and poor reproducibility.^{3,4} This phenomenon is especially problematic when analyzing highly polar analytes like B vitamins, which often require mostly aqueous mobile phases to achieve adequate retention.

To address these limitations, specially designed stationary phases can be used for these analytes such as intermediate-coverage C₁₈ bonded phases like Atlantis™ T3 Column.⁵ Another option is to use a phenyl stationary phase which has also been shown to be compatible with 100% aqueous mobile phases.⁴ Here, an evaluation of the use of a biphenyl column for separating four B vitamins is described. Biphenyl columns provide useful selectivity that can enhance the separation of compounds possessing π electrons, such as B vitamins, compared

to traditional C₁₈ and phenyl stationary phases.⁶

Experimental

Two sample mixtures were used for this evaluation. The first sample contained 10 µg/mL of uracil, and the sample diluent was 100% acetonitrile. The second sample contained 10 µg/mL of uracil, 32 µg/mL of nicotinic acid, 80 µg/mL of nicotinamide, 50 µg/mL of thiamine and 100 µg/mL of pyridoxal 5'-phosphate. The sample diluent used for the second sample was 10 mM ammonium acetate pH 4.6 (aq). The column was initially equilibrated in 100% acetonitrile for 30 minutes to fully wet the pores of the stationary phase. Following equilibration, three injections of the first sample were performed followed by a 15-minute equilibration with 50/50 v/v acetonitrile/water. Another 30-minute equilibration was then performed using 100% aqueous 10 mM ammonium acetate pH 4.6 before three initial injections of the second sample were performed. After the initial three injections, the column was maintained for 10 minutes with no flow. The final three injections for dewet analysis were performed after a 1.20-minute equilibration of 10 mM ammonium acetate pH 4.6 (aq). Each column was stored in 100% acetonitrile after evaluation.

LC Instrument and Conditions

System:	ACQUITY™ UPLC™ H-Class System consisting of a Quaternary Solvent Manager (QSM) with a 100 µL mixer, a Sample Manager with Flow-Through Needle (SM-FTN) with a 15 µL needle, an ACQUITY Column Manager (CM-A) and an Auxiliary Column Manager (CM-Aux), and an ACQUITY UPLC PDA Detector installed with a 500 nL analytical flow cell.
Data Management:	Empower™ Chromatography Data System (CDS)
Column size:	2.1 x 50 mm

Column temperature:	30 °C
Injection volume:	1.0 µL
Flow rate:	0.2 mL/min
Mobile phase:	Line A – 10 mM ammonium acetate pH 4.6 (aq) Line B – 100% acetonitrile Line C – 100% water
UV detection:	250 nm

Results and Discussion

B Vitamin Separation and Pore Dewetting

In Figure 1, the separations of four B-vitamins using five different columns (an ACQUITY Premier HSS T3 Column, an XBridge Premier BEH™ C₁₈ Column, an XBridge Premier BEH Phenyl Column, a Waters XBridge Biphenyl Column, and a biphenyl column from Vendor R) are shown. All columns were evaluated at 30 °C using 100% aqueous mobile phase containing 10 mM ammonium acetate (pH 4.6). Among the columns tested, only the Waters XBridge Biphenyl Column and the biphenyl column from vendor R achieved baseline separation of all four B-vitamins under these conditions. Although the biphenyl column from Vendor R provided the longest overall retention for thiamine (peak 5), the peak shape for this analyte was poor, with a USP tailing factor of 2.55. In contrast, the Waters XBridge Biphenyl Column produced a thiamine peak with a lower USP tailing factor of 1.67, indicating improved peak symmetry. The shorter retention and lower tailing seen for the Waters XBridge Biphenyl Column is likely from lower silanol activity than seen in the silica-based biphenyl column from Vendor R. At pH 4.6, some residual silanols may be ionized leading to the formation of SiO⁻ species on the surface of the stationary phases. Because thiamine is a cationic species under these conditions, its retention is strongly influenced by ionic interactions. A higher density of ionized silanols increases these interactions consequently producing increased retention and more pronounced peak tailing. The lower silanol

activity seen in the Waters XBridge Biphenyl Column could be attributed to the bridged ethylene hybrid (BEH) particle in combination with Waters proprietary endcapping chemistry, both of which reduce the concentration of residual silanol sites on the stationary phase.

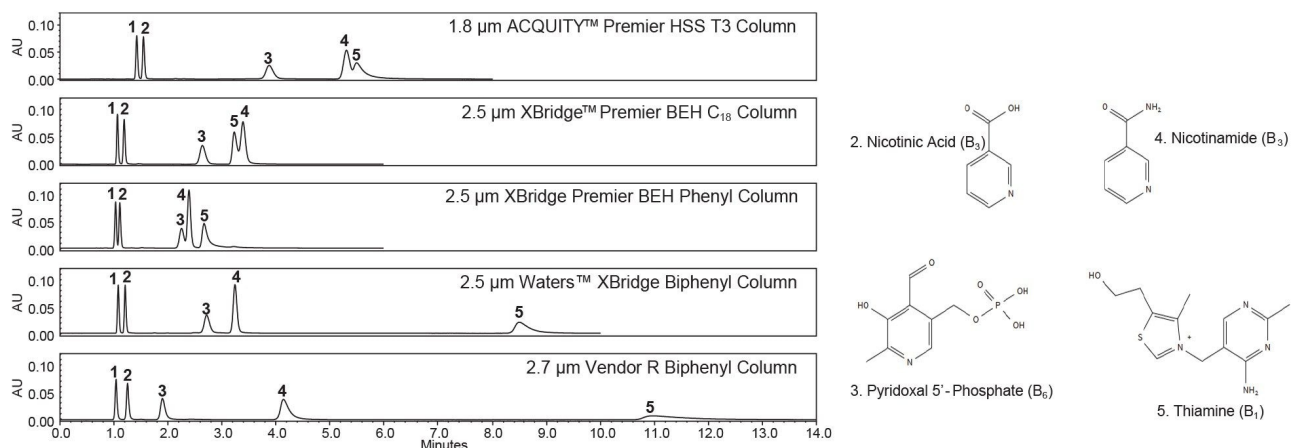


Figure 1. Chromatograms for isocratic separations of four B vitamins using five different columns.
Peak identification: 1) uracil, 2) nicotinic acid, 3) pyridoxal 5'-phosphate, 4) nicotinamide, 5) thiamine.

After the initial evaluation, the XBridge Biphenyl Column was subjected to a 10-minute stop-flow period. Following the flow stoppage, the column was equilibrated for 1.20 minutes with 100% aqueous 10 mM ammonium acetate (pH 4.6) before three final injections were performed. Figure 2 shows the results of the third injections before and after flow stoppage. The column did not show any pore dewetting, with a slight increase in retention time of thiamine observed. The 100% aqueous compatibility of the Waters XBridge Biphenyl Column stationary phase, coupled with its strong retention and selectivity for B-vitamins, positions it as an attractive choice for separations of these compounds.

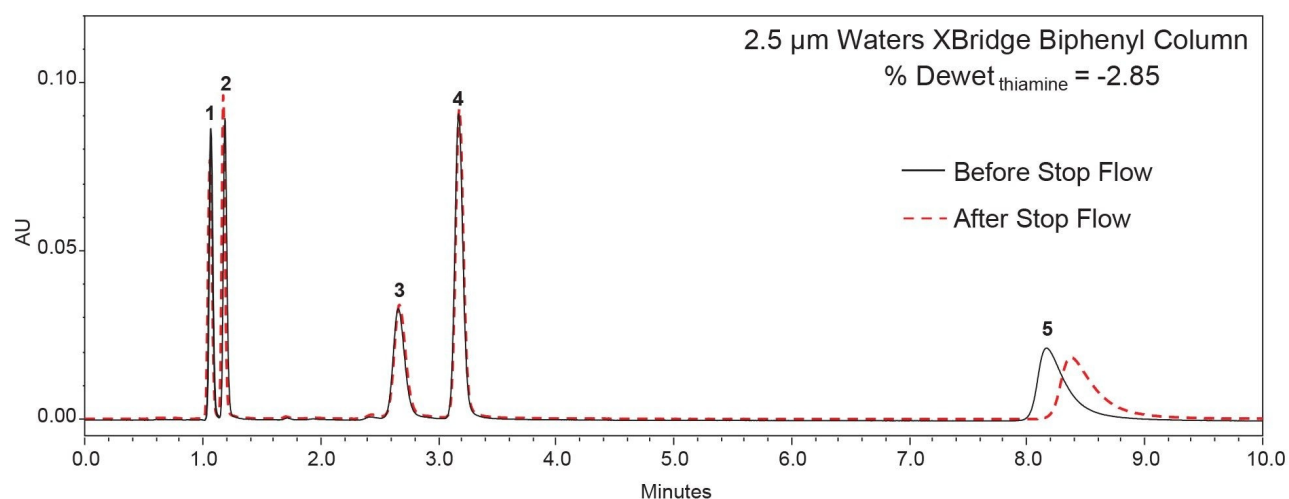


Figure 2. Overlay of chromatograms of an isocratic separation of four B vitamins using an XBridge Biphenyl Column before and after stopping the flow. The solid black line represents the third injection prior to the flow stoppage, and the dotted red line indicates the third injection after the stop flow period. Peak identification: 1) uracil, 2) nicotinic acid, 3) pyridoxal 5'-phosphate, 4) nicotinamide, 5) thiamine.

Peak Response Using MaxPeak Premier Technology

Many B vitamins exist in different forms known as vitamers.⁷ For example, vitamin B₆ has six vitamers known as pyridoxine, pyridoxal, pyridoxamine, pyridoxamine 5'-phosphate (PMP), and pyridoxal 5'-phosphate (P5P).^{7,8} The phosphorylated vitamers of B₆ are often found in dietary supplements. They are easily absorbed in the body where they are dephosphorylated and freely absorbed through passive diffusion.⁸ These dietary supplements require rigorous analytical evaluation with accurate quantification. However, phosphorylated compounds frequently exhibit undesirable interactions with the surfaces of stainless-steel column hardware, leading to poor peak shape and reduced peak area.^{7,9} MaxPeak Premier Technology Columns address this challenge by incorporating a surface treatment that prevents direct contact between analytes and metal surfaces.⁹ This results in higher peak responses (both area and height), improved peak symmetry and reduced injection-to-injection variability, thereby increasing the accuracy and reliability of LC-based quantification.^{7,9}

Figure 3 shows the differences in peak response observed for P5P when comparing MaxPeak Premier Technology hardware with conventional stainless-steel column hardware. For each column type, chromatograms were overlaid for six consecutive injections. In the chromatograms obtained using the

stainless-steel column, the peak height increased progressively across the six injections as the surface became conditioned with the analyte. Additionally, the peak height for the stainless-steel column is approximately 36% lower than that observed using the MaxPeak Premier Technology Column. Average peak area and peak height values for both hardware types were calculated and are summarized in Figure 4, along with their respective standard deviations. A 36% difference in peak height and a 15% difference in peak area were observed for P5P between the MaxPeak Premier Technology Column and the stainless-steel column. The stainless-steel column also exhibited higher standard deviations, likely reflecting the increasing peak response across the six injections. Collectively, these results demonstrate that MaxPeak Premier Technology provides superior performance for the analysis of phosphorylated compounds such as P5P, offering improved consistency and greater peak response.

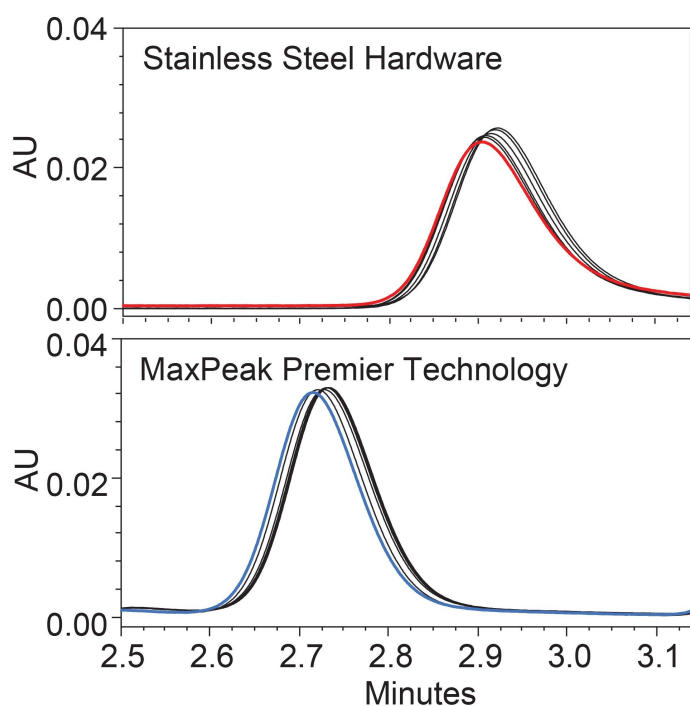


Figure 3. Overlaid chromatograms of six injections of pyridoxal 5'-phosphate obtained using an XBridge Biphenyl Column with stainless steel hardware and an XBridge Biphenyl Column with MaxPeak Premier Technology.

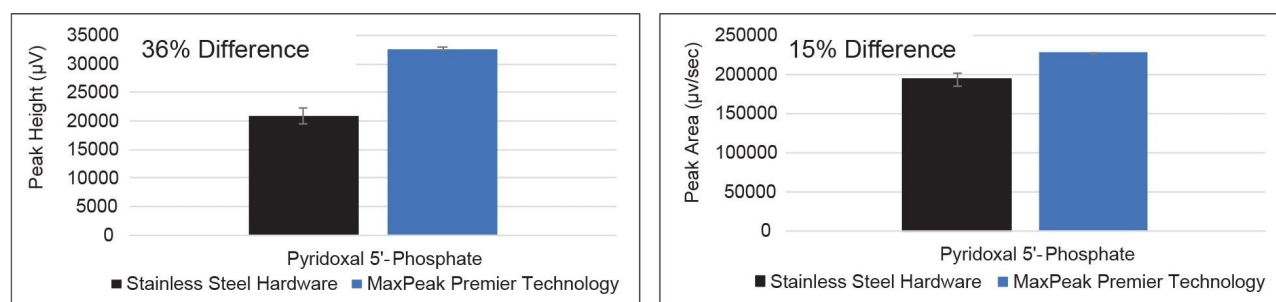


Figure 4. Comparison of peak height (μV) and peak area ($\mu\text{V}/\text{sec}$) results for pyridoxal 5'-phosphate between an XBridge Biphenyl Column with stainless steel hardware and an XBridge Biphenyl Column with MaxPeak Premier Technology. Standard deviations are shown using error bars for each column.

Conclusion

This study demonstrated that the Waters XBridge Biphenyl RP Column with MaxPeak Premier Technology is useful for the separation of B vitamins. Compared to ACQUITY HSS T3, XBridge BEH C_{18} and XBridge Phenyl Columns, only the XBridge Biphenyl Column provided the successful baseline separation of the four B vitamins evaluated using the chosen mobile phase. The XBridge Biphenyl Column also provided good peak shapes and no dewetting after stop-flow testing when using a 100% aqueous mobile phase. For the phosphorylated vitamins P5P, stainless-steel hardware caused significant adsorption, whereas MaxPeak Premier Technology mitigated this interaction and produced markedly higher, more consistent peak height and area. Overall, the combination of biphenyl selectivity and inert MaxPeak Premier Technology hardware offered by Waters XBridge Biphenyl Columns provides a robust and reliable solution for separating B vitamins.

References

1. Hanna, M.; Jaqua, E.; Nguyen, V.; Clay, J. B Vitamins: Functions and Uses in Medicine. *Perm J.* 26 (2) (2022) 89-97. doi: 10.7812/TPP/21.204.

2. Benvenuti, M.; Shah, D.; Burgess, J.A. Selective Quantitative Determination of Water Soluble Vitamins in Various Food Matrices Using the ACQUITY UPLC H-Class System and the ACQUITY QDa Detector. (November 2016), Waters Application Note. 720004960 <
<https://www.waters.com/nextgen/global/library//application-notes/2016/quantitative-determination-of-water-soluble-vitamins-in-food-matrices.html>> .
3. Walter, T.H.; Iraneta, P.; Capparella, M. Mechanism of retention loss when C8 and C18 HPLC columns are used with highly aqueous mobile phases. J. Chromatogr. A. 1075 (2005) 177-183.
doi:10.1016/j.chroma.2005.04.039.
4. Gritti, F.; Walter, T.H. Retention Loss of Reversed-Phase Columns Using Highly Aqueous Mobile Phases: Fundamentals, Mechanism, and Practical Solutions. LCGC North America. 39 (2021) 33-40. doi:
[10.56530/lcgc.na.zm6986c6](https://doi.org/10.56530/lcgc.na.zm6986c6) <<https://doi.org/10.56530/lcgc.na.zm6986c6>> .
5. McDonald, P.D.; et al. Topics in Liquid Chromatography Part 1. Designing a Reversed-Phase Column for Polar Compound Retention. (June 2007), Waters White Paper. 720001889 <
<https://www.waters.com/content/dam/waters/en/library/white-papers/2007/720001889en.pdf>> .
6. Zabala, G.; et al. A Highly Stable Biphenyl HPLC Stationary Phase Based on Ethylene-Bridged Hybrid Particles. (April 2026), Waters Application Note. 720009261 <
<https://www.waters.com/nextgen/global/library/application-notes/2026/a-highly-stable-biphenyl-hplc-stationary-phase-based-on-ethylene.html>> .
7. Yang, J.; Rainville, P.D. Enhancing the LC–MS/MS Analysis of B Group Vitamins with MaxPeak High Performance Surfaces Technology. (May 2021), Waters Application Note. 720007264 <
<https://www.waters.com/nextgen/global/library/application-notes/2021/enhancing-the-lc-ms-ms-analysis-of-b-group-vitamins-with-maxpeak-high-performance-surfaces-technology.html>> .
8. National Institute of Health, Office of Dietary Supplements. *Vitamin B₆*,
<https://ods.od.nih.gov/factsheets/VitaminB6-HealthProfessional/> <
<https://ods.od.nih.gov/factsheets/VitaminB6-HealthProfessional/>> (accessed 2026-05-28).
9. Lauber, M.; et al. Low Adsorption HPLC Columns Based on MaxPeak High Performance Surfaces (HPS). (June 2021), Waters White Paper. 720006930 <
<https://www.waters.com/content/dam/waters/en/library/white-papers/2021/waters-whitepapers-LowAdsorptionHPLCColumnsBasedonMaxPeak-720006930.pdf>> .

Featured Products

[ACQUITY UPLC H-Class System <](#)

<https://www.waters.com/nextgen/global/products/chromatography/chromatography-systems/acquity-uplc-h-class-plus-system.html>>

[ACQUITY UPLC PDA Detector <](#)

<https://www.waters.com/nextgen/global/products/chromatography/chromatography-detectors/acquity-uplc-pda-detector.html>>

[Empower Chromatography Data Software \(CDS\) <](#)

<https://www.waters.com/nextgen/global/products/informatics-and-software/chromatography-software/empower-software-solutions/empower-cds.html>>

720009505, July 2026



© 2026 Waters Corporation. All Rights Reserved.

[Terms of Use](#) [Privacy Notice](#) [Trademarks](#) [Careers](#) [Legal and Privacy Notices](#) [Cookies](#)

[Cookie Preferences](#) [Do Not Sell My Personal Information](#)